Diabetes

TOTAL

37.3 million people (11.3% of the US)

Diagnosed: **28.7 million**

Undiagnosed: **8.5 million**

Source: Centers for Disease Control and Prevention. National Diabetes Statistics Report website. https://www.cdc.gov/diabetes/data/statistics-report/index.html. Accessed [11/06/2023].

Key Diabetes Factors among Hispanics

Diabetes incidence rate

16 X times higher among Hispanics.

Between 2018-19, 11.8% of Hispanics 18 years or older were diagnosed with diabetes, compared with 7.4% for non-Hispanic whites.¹

i Centers for Disease Control and Prevention. National Diabetes Statistics Report website. https://www.cdc.gov/diabetes/data/statistics-report/index.html. Accessed [11/03/2023].

ii Centers for Disease Control and Prevention. National Vital Statistics Reports, Vol. 69, No. 13, January 12, 2021

iii Centers for Disease Control and Prevention. National Diabetes Statistics Report: Estimates of Diabetes and Its Burden in the United States, 2017. Atlanta, GA: U.S. Department of Health and Human Services; 2017.

Greater morbidity and mortality.

Hispanics are 1.3 times more likely to die from diabetes than non-Hispanic whites,ⁱⁱ and twice as likely as non-Hispanic white diabetics to be admitted to a hospital for a lower extremity amputation (25.4 v. 12.5 per 1,000).ⁱⁱⁱ

Age-Adjusted Percentage of Population with Diagnosed Diabetes, by Race, U.S., 2019

12.1%
Black

11.8% Hispanic

9.5% Asian

7.4% White

Age-Adjusted Percentage of Population with Diagnosed Diabetes, Hispanics, U.S., 2019

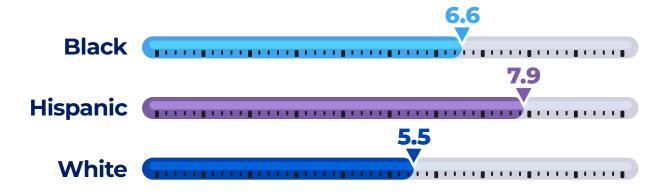
Cuban	
	6.5%
Mexican/Mexican American	
	14.4%
Puerto Rican	
	12.4%
All Hispanic	
	8.3 %

Age-Adjusted Percentage of Population with Diagnosed Diabetes, by Hispanic Origin and Sex, U.S., 2017 - 2018

Male	Female
7.3% — Cuban	6.0%
16.2% — Mexican	12.8 %
13.0% — Puerto Rican	— 11.9%
9°S	

Source: American Diabetes Association. Statistics About Diabetes website. https://diabetes.org/about-diabetes/statistics/about-diabetes#:~:text=Diabetes%20by%20race%2Fethnicity&text=1 2.1%25%20of%20non%2DHispanic%20blacks,7.4%25%20of%20non%2DHispanic%20whites Accessed [11/06/2023].

Age-Adjusted Incidence of Diagnosed Diabetes per 1,000 Population Aged 18 Years or Older, by Race/Ethnicity, U.S., 2018-2019



Source: Centers for Disease Control and Prevention (CDC), 2018-2019 National Health Interview Survey, National Diabetes Statistics Report website. https://www.cdc.gov/diabetes/data/statistics-report/index.html. Accessed [11/6/23].

Median Age at Diabetes Diagnosis by Race/Ethnicity, U.S., 2011-2018

